



Girl  Guides
Ontario Council
For Guiding in Ontario and Nunavut



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Towards Truth & Reconciliation



Land Acknowledgement

As members residing in Canada, we acknowledge that we are all participating in this Challenge on the traditional territory of many Indigenous peoples, both recorded and unrecorded. While we are not all gathered physically on the same land, it is still important to acknowledge that so much of our existence is nurtured by the land we each live, work, and play on. Recognizing land is a way of honouring the Indigenous peoples, past and present, who have been living, working, and taking care of the land. The land, wherever you are, provides the food that we eat, the air that we breathe, the earth that we rest our feet on, and the roofs over our heads. We thank all generations of people who have taken care of this land, and deeply appreciate their historic connections. We encourage all units to learn about the areas they live in and start this Challenge with a land acknowledgement.

In order to gain knowledge and aid in creating a safe and inclusive space for Indigenous youth and adults, we'd like to invite all adult members to take GGC's Colonization and Indigenous Resilience e-module to learn more about anti-Indigenous racism and Indigenous history in Canada. You'll gain knowledge to create a safe and inclusive space for Indigenous youth and bring a decolonial lens when delivering programming. Find the training on Member Zone - About Guiding - Diversity and Inclusion - DEI Training for members.

Looking to learn more? We encourage you to visit the following the GGC FAQ's regarding Indigenous Land Acknowledgement:

<https://bit.ly/3nPSpsw>



Welcome!

The Cookie Recipe Competition is back! This Challenge is open to all age groups, whether you complete as a unit/group or as an individual. The goal is to inspire creativity with our classic vanilla and chocolate Girl Guide cookies. We Challenge you to get a box of cookies and make any recipe you would like WITH Classic Cookies as the main ingredient. After you're satisfied with your creation(s) submit your recipe and pictures via our online [submission form](#) by the last Challenge date (May 12, 2024), for the chance to win a prize ([see page 11 for more prize details](#)).

CREATED BY:

*Ontario Council Member:
Jessica Russell*

*Youth Forum Member:
Hartley Gould*

DATES

March 26 - May 12

BRANCH LEVEL

All members of Guiding,
both youth and adult

CREST ORDERING SITE

<http://www.positiveidentity.com/ggcontariomerchandise/>

*Original Challenge Template
Created by former PR Adviser:
Alexis David*

We hope you enjoy!

You can also share your photos with us and others around the globe by using [#ONNVcookiecomp](#) and [#GGCcookies](#). Please tag us using our usernames below so we can join in on the fun!

P.S. All Guiding members across Canada will have the opportunity to purchase a crest in the Ontario Council store:

<http://positiveidentity.com/ggcontariomerchandise/>

SOCIAL MEDIA



Girl Guides of Canada,
Ontario Council



@girlguidesonnv



@girlguidesonnv

Girl Guides
Ontario Council
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Objective

We want to connect with units & adult members across Ontario and Nunavut. This competition is open to all age groups and is meant to inspire creativity in the kitchen with our delicious cookies. This project is a fun way to get our cookies out there, try out some youth made recipes, and showcase the amazing talents and abilities of our members.

This can be completed over a meeting or two and easily tracked/adapted as part of the Program Platform. All branch levels for activities and program areas are suggestions, please modify as you see fit.

Requirements

In order to complete this Challenge as an individual or as a unit, there are only two requirements:

1. Create a recipe with our classic vanilla and classic chocolate Girl Guide cookies.
2. Make your creation and [submit](#) your recipe with a picture.

◦ *If you're in a unit you are welcome to select one recipe and make it together.*

Challenge Tips

There are several activities from the [program platform](#) that can help you structure this meeting.

- [MasterChef Junior](#) | Sparks
- [MasterChef](#) | Embers
- [Iron Chef](#) | Guides
- [Community Cookbook](#) | Guides, Pathfinders, Rangers
- [Chopped](#) | Pathfinders, Rangers
- [Cutthroat Kitchen](#) | Rangers

Pre-Challenge



While you don't have to complete this pre-Challenge section we thought it may provide some more fun! We have provided the descriptions to activities that are on the [program platform](#), please visit the platform to gather more activity information.

Keep in mind that youth can partake in activities recommended for their branch level AND the branch level above or below theirs.

Activities:

- **Kitchen Tunes | Sparks**

In this activity, you'll explore sounds and rhythms using things you find in the kitchen. Pull out your pots and pans; let's whip up some music!

- **Fundraising Fun Facts | Guides**

Selling Girl Guide cookies helps your unit do fun things throughout the Guiding year. Find out about the fundraising experience in your unit as you prepare for your cookie campaign in this quick stand-up sit-down game.

- **Kitchen Tool Taboo | Guides**

To cook something great, you need the right tools. In this Taboo-style game, you'll get to know some of the tools in your kitchen as you try to guess what's on your teammate's card. Remember, if you're giving clues, try not to say the taboo words at the bottom of the card, or the other team will get a point!

- **Would You Rather | Sparks, Embers, Guides, Pathfinders, Rangers**

Time to explore what kind of recipe you want to make. In this activity, you'll checkmark off your preferences that will help get your ideas and inspiration flowing. The questions for this activity are found on the next page of this booklet. This activity can easily be modified. For instance a Guider can read out "would you rather" questions and youth members can do an action to indicate their choice.

- **BONUS Activity | Sparks, Embers, Guides, Pathfinders, Rangers**

Take a look through last year's [Cookie Recipe Competition Cookbook](#) and make one of the recipes.






Would You Rather

COOKIE COMPETITION EDITION

<input type="checkbox"/>	SWEET	OR	SALTY	<input type="checkbox"/>
<input type="checkbox"/>	BREAKFAST	OR	LUNCH	<input type="checkbox"/>
<input type="checkbox"/>	CRUNCHY	OR	SMOOTH	<input type="checkbox"/>
<input type="checkbox"/>	WARM	OR	COLD	<input type="checkbox"/>
<input type="checkbox"/>	FINGER FOOD	OR	FORK FOOD	<input type="checkbox"/>
<input type="checkbox"/>	ONE BIG PIECE	OR	INDIVIDUAL SERVINGS	<input type="checkbox"/>
<input type="checkbox"/>	LOTS OF INGREDIENTS	OR	MINIMAL INGREDIENTS	<input type="checkbox"/>
<input type="checkbox"/>	VANILLA	OR	CHOCOLATE	<input type="checkbox"/>

Answering these questions may help you decide what kind of dish to make! Breakfast, Lunch, Dinner, or Dessert themed? There is no wrong way to be creative as you create an awesome recipe!





Main Challenge



There are two parts to the main Challenge:

- The creation of a recipe.
- Making the recipe you've created.

It's that easy!

Here's how you can participate:

- As an individual you can be as creative as you'd like! Share the results with family, friends, other Guiding members.
- As a unit you can...
 - Follow the structure of one of the [program platform](#) activities included in this booklet.
 - Come up with a recipe as a group and make it.
 - Split off into smaller groups and make a few recipes.
 - Do the Challenge as individuals and share at the end.

Recipe Template Sample and Example Recipe:

In the next two pages you'll find:

- a recipe card template to help you write out your own creation. This does not need to be submitted but it is handy to help you as you are creating your delicious masterpiece.
- an example of one of last year's winning recipes, right out of our [cookbook!](#)

Finished the Challenge?

Once you or your unit have completed the Challenge please [submit](#) your recipe to us for a chance to win a prize. For details on how to submit your recipe and on our fantastic prizes, see pages 11-13 of this booklet.

Finally, print off your [Cookie Recipe Competition Certificate](#) on page 14.

Congratulations on completing this Challenge. Don't forget to [order your crest!](#)





RECIPE CARD



Recipe Name: _____

Unit or Individual Name: _____

Prep Time:

Cook Time:

Servings:



Ingredients:



Directions:

Notes:



Example Recipe

STUFFED FRENCH TOAST WITH GIRL GUIDE COOKIES

Rachel R.



INGREDIENTS

- 3 Eggs
- Nutella
- 2/3 Cup milk
- Vanilla
- 2 Tbsp brown sugar
- 1 Pack girl guide cookies
- 1 Loaf French bread
- 1 Tbsp butter
- Powdered sugar (optional)

DIRECTIONS

- Combine eggs, milk, brown sugar, vanilla in a shallow bowl. Mix well.
- Spread Nutella on a piece of bread and sprinkle chopped up girl guide cookies on Nutella.
- Place other piece of bread on top.
- Dip both sides in egg mixture.
- Place on buttered grill on medium high.
- Cook each side for 2 minutes.
- Sprinkle powdered sugar on bread and enjoy!



**2023
Winner!!!**




**Girl
Guides**
Ontario Council
For Guiding in Ontario and Nunavut

Find more examples of 2023 submissions on our [webpage](#)

Prizes



Number of Prizes:

Six prizes will be awarded based on the recipes submitted!

Three prizes have been designated for units and three have been designated for individuals submitting a recipe. Units, please note that if more than one recipe is created you're welcome to submit them all or just send over a few of your best.

Eligibility:

- You/your unit must be a current member/unit within Ontario Council; any age.
- Use our online [submission form](#) between March 26 - May 12 to send in your recipe and picture.

*NOTE: If you are not eligible for prizes (ex. out of province) you are still welcome to complete the activity and [order a crest](#).

UNIT PRIZE - ALL AGE GROUPS

- \$100 towards a unit Pizza Party!

INDIVIDUAL PRIZE - SPARKS/EMBERS/GUIDES

- Basting brush and apron
- Journal book
- Pencil case
- Scrunchie
- Crest

INDIVIDUAL PRIZE - PATHFINDERS/RANGERS/ADULTS

- Basting brush and apron
- Bento Style Lunch Set
- Journal Book
- Crest



QUESTIONS??? EMAIL: ON-COUNCILOPERATIONS@GIRLGUIDES.CA



Submissions

What to Submit

To be eligible for a prize please fill in our online form and include:

- If your submission is individual or on behalf of a unit.
- Your name, email, and iMIS number.
- Your unit name (ie. 1st Ontario Link) and unit iMIS number.
- Your recipe with ingredient list and directions.
- A picture of your creation.

NOTE : You may submit up to three pictures. One of the pictures must be a clear photo of your creation (before you eat it!). Close-up is best as we may showcase winning recipes.

BONUS : Send us a picture of some 'behind the scenes' work in the kitchen.

How to Submit

Use our [online submission form](#) including all the above details by midnight on the last Challenge date, May 14,2024.

Please note that you must submit a separate form for EACH entry/creation.

The Program Adviser, Council Members, and staff will review submissions and determine winners within one week of submission deadline.

Where will these submissions go?

Ontario Council will share the submissions received on our social media platforms. **Please make sure that anyone pictured has a valid image release form on file before sending them to us.**

Questions??? Email: on-counciloperations@girlguides.ca



Certificate

of Appreciation to:

For participating in the
Girl Guides of Canada, Ontario Council:

2024 COOKIE RECIPE COMPETITION

Unit:

Date:

