

Africa Region  
Challenge  
Pathfinders &  
Rangers



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2021

# The Africa Region

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- Part of WAGGGS, the largest worldwide organization for girls and young women
- 10 million girls and women involved in 150 countries within WAGGGS
- The Africa Region has 33 member countries and 1.3 million girls

The images on the next slides are taken from the WAGGGS website:  
[www.wagggs.org](http://www.wagggs.org)

# Logos From the Member Countries

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- Guess which of the Africa Region countries the following Girl Guide logos are from. This is the Africa Region logo.



Which Country is this:

1. Togo

2. Uganda

3. Zambesi

4. Tanzania



Which Country is This:

1. South Sudan

2. Swaziland

3. Sierra Leone

4. Senegal



Which Country is This:

1. Marituis

2. Niger

3. Namibia

4. Malawi



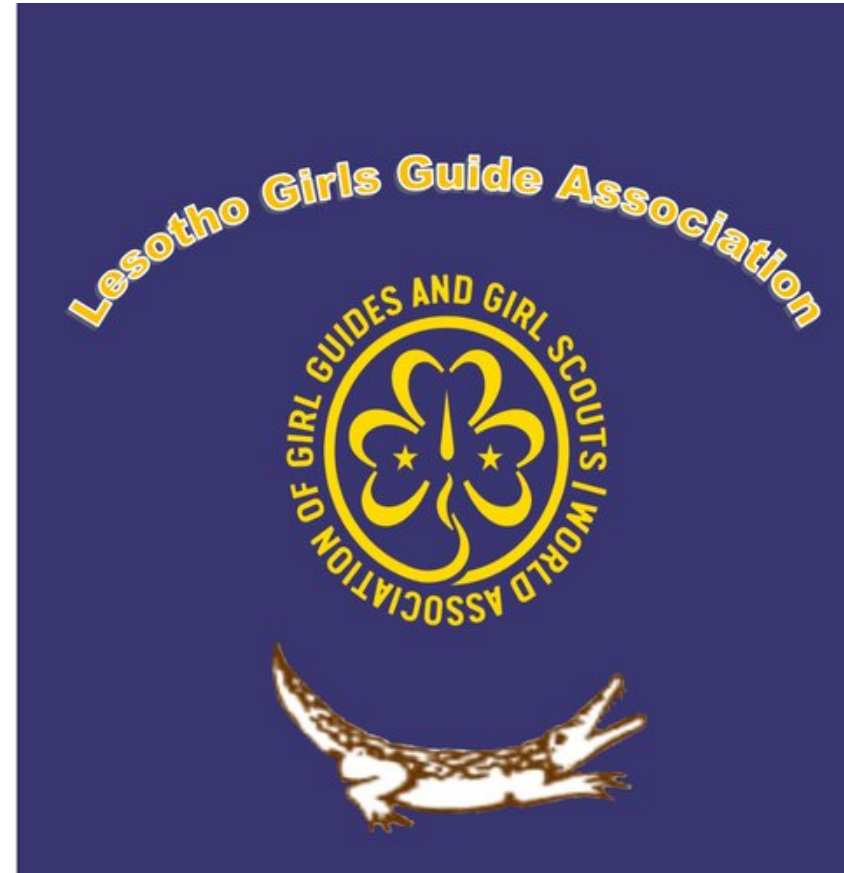
Which Country is This?

1. Kenya

2. Liberia

3. Lesotho

4. Madagascar



Which Country is This?

1. Guinea
2. Gambia
3. Ivory Coast
4. Ghana





Which Country is This?

1. Cameroon

2. Congo

3. Chad

4. Centra  
African  
Republic



Which Country is This?

1. Botswana
2. Burkina Faso
3. Benin
4. Burundi



# Word Search

- Try to find the countries of the Africa Region countries in the word search
- The 33 countries in the Africa Region are:
  - Benin, Botswana, Burkina Faso, Burundi, Cameroon, Central African Republic, Chad, Congo, Democratic Republic of Congo, Gambia, Ghana, Guinea, Ivory Cost, Kenya, Lesotho, Liberia, Madagascar, Malawi, Mauritius, Namibia, Niger, Nigeria, Rwanda, Senegal, Sierra Leone, South Africa, South Sudan, Swaziland, Tanzania, Togo, Uganda, Zambia, Zimbabwe

The word search was developed on an online word search program -  
[www.superteacherworksheets.com](http://www.superteacherworksheets.com)

Name: \_\_\_\_\_

## Africa Region

K N G A I B I M A N H L H D Q I N A J D M E Q  
L K F H U F B E U G U I N E A R T K I G V S A  
T A S K A H M X N A D U S H T U O S C A A Y N  
S P I N X N D H X B O T S W A N A J P M E C Y  
A K E O O S A F A N I K R U B T F Y G B L M R  
O B R O N I G E R A D N A G U C H A D I E A W  
C M R R D D K T E L S U I T I R U A M A S L A  
Y S A E M L B L I B E R I A I U I T O G O A N  
R E L M L Z I M B A B W E J N H T R J N T W D  
O N E A I N A Z N A T T K E B I B K M Z H I A  
V E O C L N N B U R U N D I F F G E E E O A R  
I G N Z A M B I A N M Q M O B K E E N N F J N  
Y A E B X W S U W D N A L I Z A W S R I Y G Q  
O L X H N B D H D X X H O H B F A L W I N A Y  
Y R O V C O N G O Y R A C S A G A D A M A M F  
X E L N G A E N Z R F S O U T H A F R I C A S

Find the following words in the puzzle.

Words are hidden     and .

BENIN

BOTSWANA

BURKINA FASO

BURUNDI

CAMEROON

CHAD

CONGO

GAMBIA

GHANA

GUINEA

IVORY COAST

KENYA

LESOTHO

LIBERIA

MADAGASCAR

MALAWI

MAURITIUS

NAMIBIA

NIGER

NIGERIA

RWANDA

SENEGAL

SIERRA LEONE

SOUTH AFRICA

SOUTH SUDAN

SWAZILAND

TANZANIA

TOGO

UGANDA

ZAMBIA

ZIMBABWE

# Woven Paper Craft



# Supplies

- White light weight card
- Coloured light weight card - I've used 4 different colours in the finished piece
- Self-healing cutting mat
- Metal ruler
- Craft knife
- Pencil
- Tape



## Step 1: Measure and Cut the Artwork Base

Cut a square measuring 32 x 32 cm from the white card. If you are measuring in inches it will be easier to work in half inch increments than to convert centimeters to inches. So cut your white card to 16 x 16 inches.

Now measure the border and cut the vertical lines.

If you're working in centimeters.

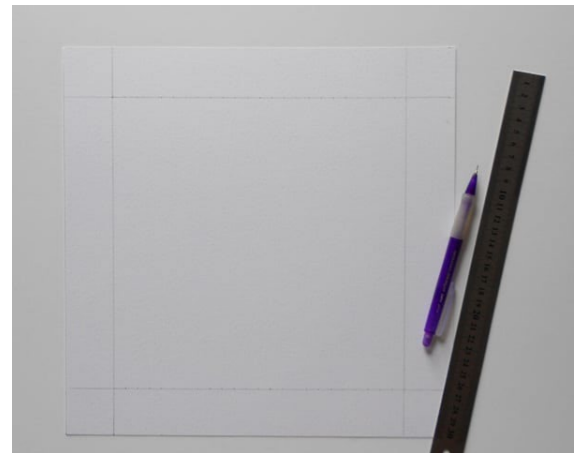
Measure and rule a border 4 cm in from each edge.

Measure and mark 1 cm increments along the top and bottom border lines.

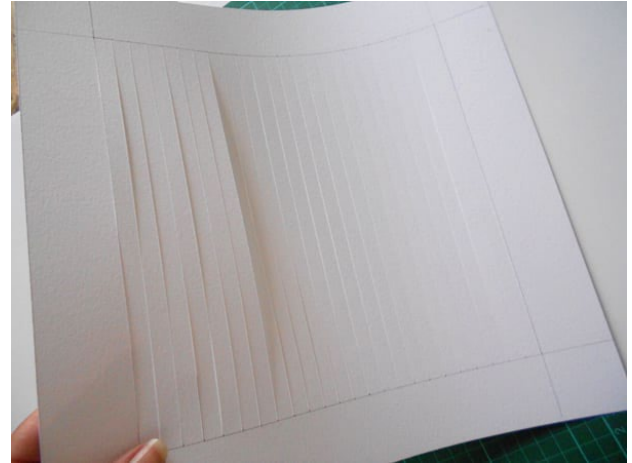
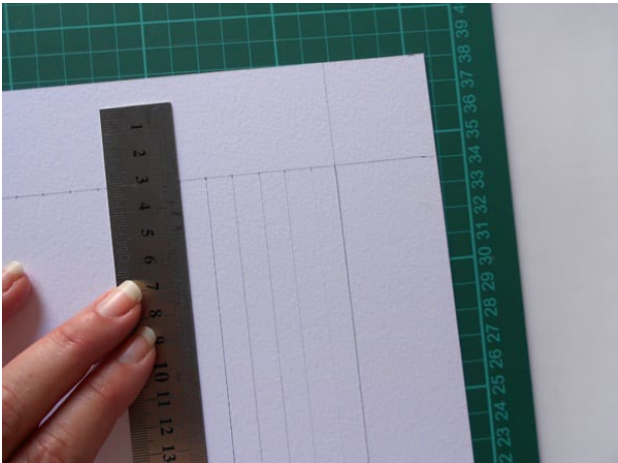
If you're working in inches.

Measure and rule a border 2 inches in from each edge.

Measure and mark half inch increments along the top and bottom border lines.



Using the metal ruler, knife and cutting mat, cut vertical lines between the top and bottom borders at each increment pencil mark. At one end cut slightly past the border line by 2 mm or one sixteenth of an inch. You will have 24 vertical strips.



## Step 2: Measure and Cut the Coloured Card Strips

You'll need six sets of four strips. I used four emerald green, four lime green, 4 tangerine, and 12 grey green.

If you're working in centimeters.

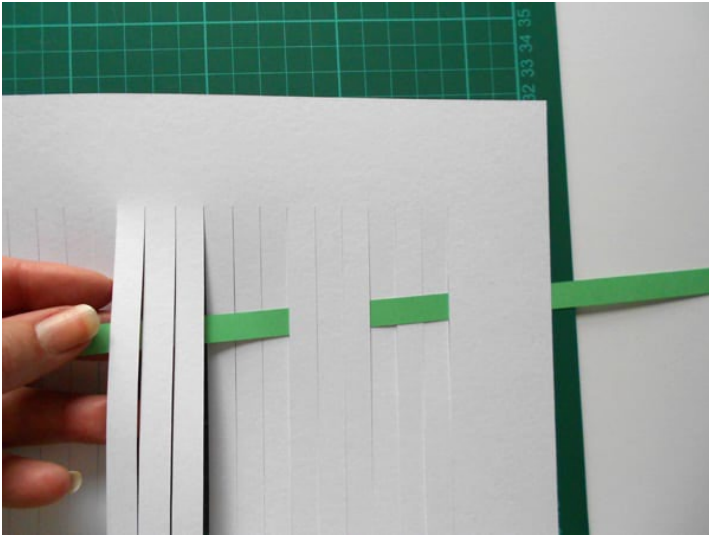
Measure and cut 1 cm x 26 cm strips from the coloured card.

If you're working in inches.

Measure and cut half inch x 13 inch strips from the coloured card.



## Step 3: Start Weaving

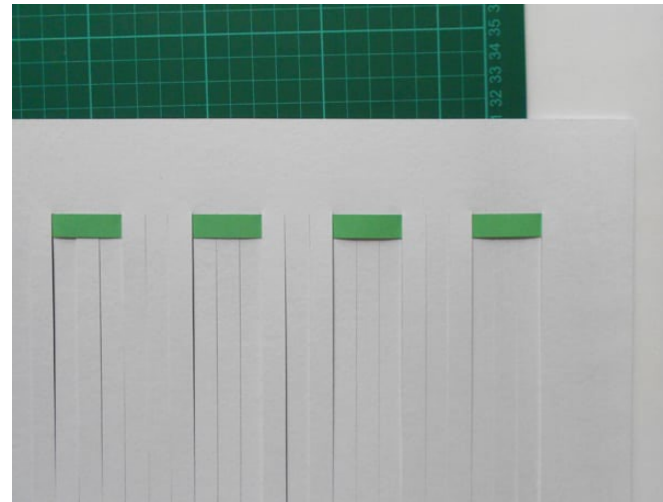


This pattern basically involves weaving under three vertical strips, then over three, repeated across the width of the base card. The only exception to the pattern of threes is at the beginning and end of some rows.

Take the first strip and working from right to left (if you're right handed) weave

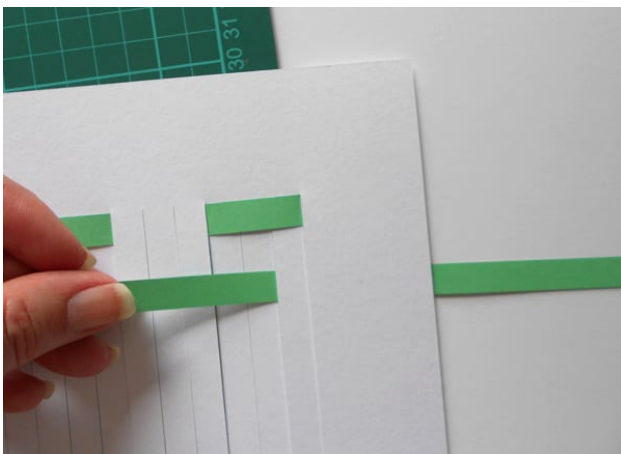
across the top of the first three vertical strips and under the next three and continue over three, under three until you reach the end.

Turn the base card over and carefully push the coloured strip right up to the top as far as it will go. Make sure it is centered so the overlap on each side is the same.



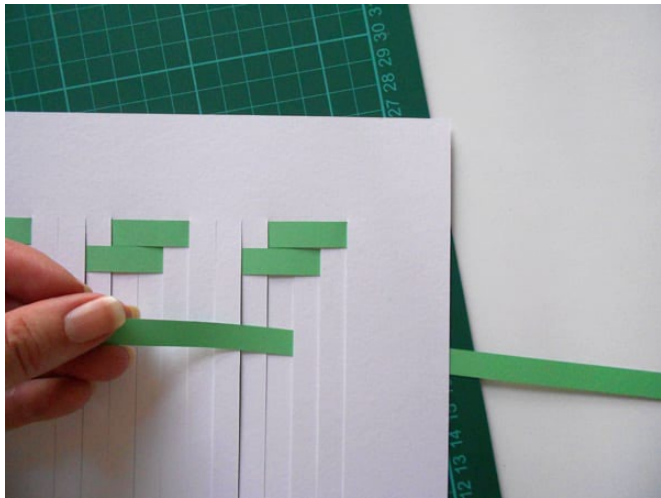
## Step 4: Creating the Pattern

Bring the second coloured strip through from the back of the base card between the first and second vertical strips. To create the chevron pattern the second row follows the three over, three under pattern, but commences one strip in from the edge.

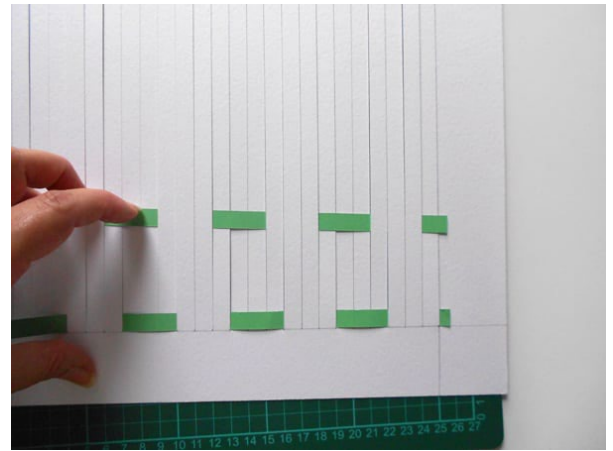




When you've finished the row turn the base card over and push the coloured strip up to butt against the first strip.

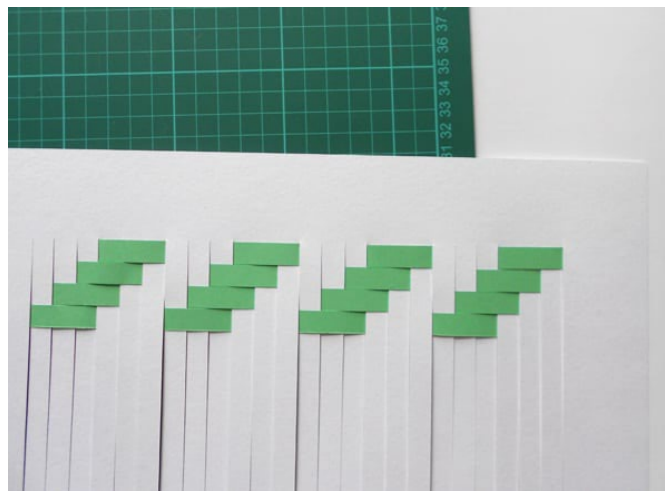


Following the pattern, the third paper strip comes through



from the back of the base card between the second and third vertical strips.

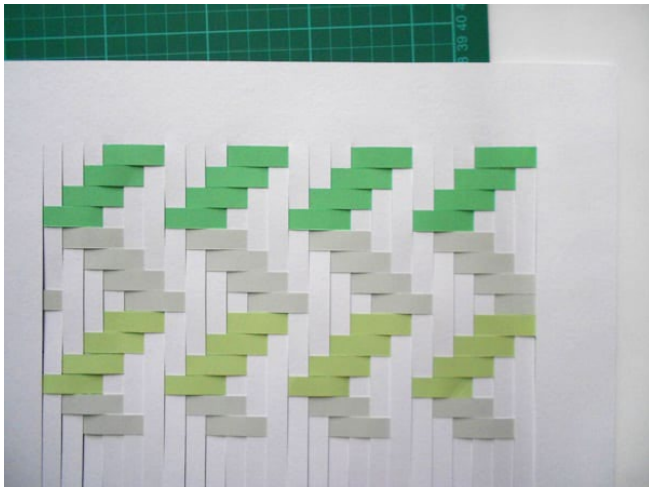
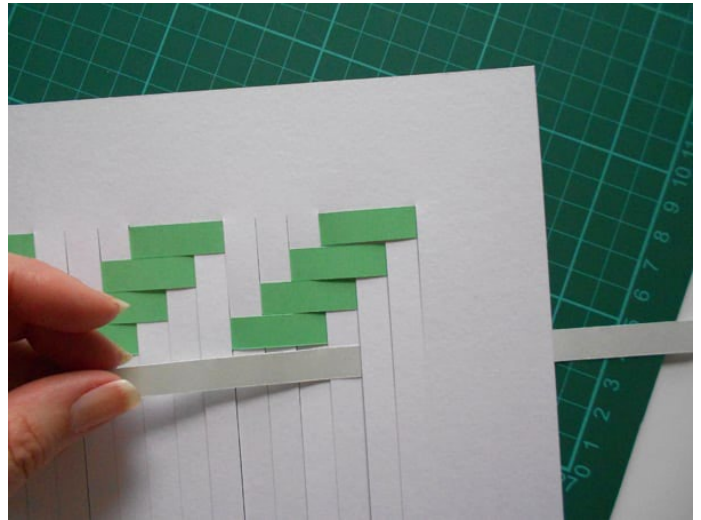
The fourth coloured strip begins between the third and fourth vertical strips. Don't forget to flip the base card over each time you finish a row and push the coloured strip up snugly against the previous one.



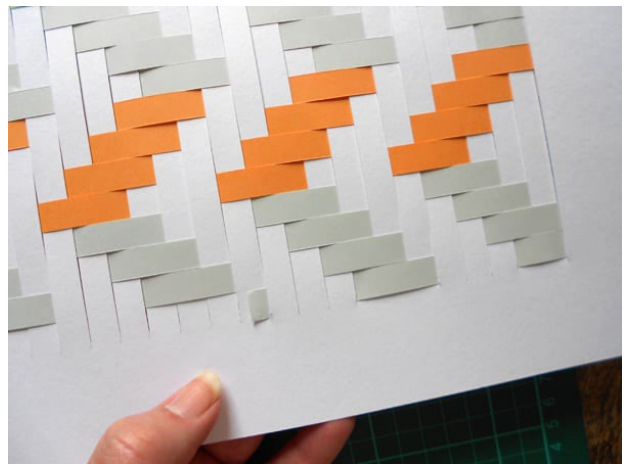
## Step 5: Adding the Additional Colours

The first three strips of the second colour follow a mirror image pattern of rows 3, 2 and 1 of the first colour. If this sounds confusing take another look at the finished artwork - it's easier to follow the pattern when you're looking at it.

Continue adding the coloured strips in groups of four.



The last coloured strip will be harder to weave. Put your left hand behind the base card and push the vertical strips towards you to create a space for the coloured strip to pass through.



## Step 6: Finishing Off

Flip the base card over and adjust the coloured strips if necessary so they are centered.

Run a line of tape along each side to secure the ends of the coloured strips.



## Step 7: Hang Your Art

Sit back and admire your handiwork.



# Let's Make Something Tasty – Microwave Chocolate Cake Recipe from South Africa

- **INGREDIENTS**

- 1 cup cake flour
- 2 eggs
- 3 tablespoons cacao powder
- 3 teaspoons baking powder
- ¼ cup coconut oil
- 1 cup hot water
- pinch of salt
- 4 tablespoons brown sugar

This is from

<https://www.thesouthafrican.com/food/recipes/microwave-chocolate-cake-recipe/>

# METHOD

- Spray a medium microwave-safe bowl with non-stick spray and set aside.
- In a mixing bowl, combine the following: Sifted flour, baking powder, salt, and cacao
- Sprinkle sugar on top, do not mix
- Make a hole in the middle and pour in the beaten eggs, fold carefully
- Pour hot water with dissolved coffee and coconut oil over the mixture. Fold carefully until mixture is smooth. If using a whisk, do not whisk, use as a spoon to fold the mixture.
- Cover and cook in the microwave on high for 6 minutes, or until cake springs back when touched. Since microwaves cook differently, adjust the cooking time accordingly.
- Eat warm from the oven or let it cool and ice with your choice of icing.