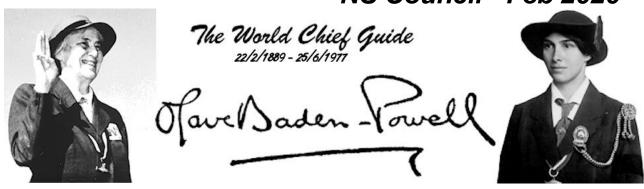


# Postings from the PC.....

# NS Council - Feb 2020



It's February, the month when the ground hog determines a short or long winter but more importantly for Guiding – the month we celebrate our founders:

Lord and Lady Baden Powell!



On Jan 25<sup>th</sup> Guides gathered to learned about basic forensic science and crime scene investigation techniques through round-robin style activities. From all accounts – everyone had fun!













# **GuidePost**

**The Guide Post**, which was delivered to your email on Feb 6th, has lots of information on tips for Secret 3K Race, Awards, Change Makers, World Thinking Day, Volunteer Opportunities at National, Registration Timelines and much more- don't forget to check that out!

# **Great Guiding Games**

# Way to go Hants and congratulations to all Districts that increased membership!!

#### Thanks for participating in the Great Guiding Games



Your efforts and enthusiasm have been tremendous! Without further ado, here are the winners of the Great Guiding Games. Click on the province to see its leaderboard.

- Alberta, Northwest Territories and Yukon: It's a tie between Badlands and Veg-An-Milion at 10%
- British Columbia: Mountain Ridge at 26.67%
- Manitoba: Northwest Trails at 11.32%
- Nova Scotia: Hants at 9.52%

## Featuring: Carolyn Scovil Brown: Provincial Treasurer



While Carolyn is new to Guiding, she brings a wealth of financial management knowledge and experience. She is a gradate of Dalhousie University with a Bachelor of Commerce Degree specializing in accounting. Her professional experience has provided her the opportunity to work for the Office of the Auditor General of Canada, WBLI Chartered Accountants and then ultimately as Owner of Scovil Brown Accounting.

Past volunteer roles have included Treasurer and Board Member for the Saint Vincent's Nursing Home. Carolyn has been a member for 4 years volunteering as a Spark and

Brownie Leader, Unit Treasurer and is currently a Unified Banking Champion for Nova Scotia. In Carolyn's current role as Provincial Treasurer she provides support and guidance to the office for accounting practices and financial management to Provincial Council.

# Sally Safety Says....BEE SAFE!



Did you know that the following trainings have to be on your member file in order for the Assessors to proceed with your camp / event assessment?

- First Aid Certification or RN License
- RN License
- Food Handlers
- Lifeguard Certification

Please send e-copies of your certifications to <a href="mailto:ns-imis@girlguides.ca">ns-imis@girlguides.ca</a> directly and not to the Assessor when you complete / renew Licenses or upgrade your skills. The Assessor always verifies these qualifications with the office during the assessment process. Missing information may cause a delay.

3 helpful hints to help speed up you assessments:

- Please include all participant iMIS numbers on the forms and verify that these are **not** Family iMIS account #"s.
- Assessors will only communicate with the email stated for the Responsible Guider and not necessarily the person who completes and submits the forms.
- All Safe Guide Assessment papers are to be sent to <u>ns-safeguide@girlguides.ca</u>

More hints and tips will be coming in future issues!

## **Around the Province**

**Emergency Health Services - EHS** 





Paramedic Michael N. visited the Girl Guides of Canada - Nova Scotia Council in Amherst to give them a tour of the ambulance and explain a little bit of what paramedics do. The girls had a great time and asked many insightful questions!



Paramedic Jenna B. visited the Girl Guides of Canada - Nova Scotia Council Sparks group in New Minas for their Career Day. Jenna spoke to the girls about what paramedics do and all had a great time! There might be some future first responders in that room!

## 02-22-2020- Oh the Memories!

Watch the Girl Guides of Canada – Nova Scotia Council FaceBook page for an exciting contest to mark this special day!



# New Guider Learning Path

Girl Guides of Canada prides itself on its mission of being a catalyst for girls empowering girls. And it is you, the Guider, who serves as the catalyst! We want to ensure you have everything you need to be an amazing and effective Guider.

The New Guider Learning Path is a series of five courses that prepares Guiders to lead their units. All Guiders are required to complete these courses within their first six months of joining their unit. You can complete the courses in a way that works best for you. Choose the method that suits your schedule and preference — online, in-person or a combination of both.

#### Online

Complete the courses at your own pace when it's convenient for you. All of the e-courses are available on Member Zone under Training – New Guider Learning Path.

#### In-person

Looking to connect with other Guiders, network and make new friends? Why not attend an inperson training! The New Guider Learning Path courses can be completed in-person with a Trainer. Check with your Area Training Adviser to find a training event near you.

Are you interested in connecting with a mentor? The New Guider Community on Facebook allows first-year Guiders to connect with experienced Guiders 24/7. Mentors can answer your questions in real time and share their wisdom as expert Guiders. Send us a request to join, and we'll ensure you're connected.



# Calling All Unit Photographers!

Are you a shutter bug who likes to take pictures of your unit activities? Then we want to hear from you!

Send us your photos of unit activities, training events, Annual Banquets, Guider Retreats, etc., that took place in 2019. Selected photos will be featured in the 2019 NS Council printed Annual Report or electronic Year in Review. This is a perfect opportunity for our GIRL MEMBERS to be involved. Please ask your Girl Members if they have any photos they would like to share- we would love to get their views as well!



Please make sure that all members within the shots have their IR.1's in place. Submissions will be accepted at <u>PR</u> until March 13, 2020. Please let us know which Area you are from when submitting.

### Nova Scotia Youth Forum- Meet the Team!

The Girl Guides of Nova Scotia Youth Forum is a group of spunky young leaders making a difference in their communities across the province. We have super fun meetings, wild pizza parties, epic sleepovers, and most importantly, we provide insight on important topics to put girls first.

Our team is dynamic, daring, and determined. We are beyond proud to represent youth from across the province and to bring your comments, ideas, and dreams to the NS Provincial Council table. Over the next little bit, keep an eye on your inbox to learn more about our incredible team!

From left to right (Back Row): Shelby Parr, Elizabeth Carter, Lauren Boyce, Julia Wright, Hannah Kosick (Front Row) Maya Kosick





This week meet Lauren Boyce! Lauren is currently in her final year of rangers and is the social media Queen for the Youth Forum. She loves all things alien and keeps the Youth Forum supplied with endless amounts of delicious Lindt chocolate.

What is your favourite camping memory?

"My favourite camping memory would be the excitement you get before you go camping. The planning that goes into the camping, the adventure you are about to go on, and the snacks that you get to buy before! For me, the best part of all is the hat crafts we do the week before. I still remember going to my first camp and recieving a s'mores hat craft that the other girls were giving out. Once I got this hat craft in my hands... I was hooked. After my first camp I came home with a

handful of crafts and I wanted more. More for my bucket hat that it would be a toll to put it on my head each morning and more to hand out to other girls at my next camp, I was sure to make a scene.

Ever since, my hats been gifted with these wonderful crafts. My love for these little hat tokens has also overtaken my Pinterest board to get new ideas for my next camp.

Why do you enjoy being on the Youth Forum?

"I love being on the Youth Forum! When I heard about the opportunity about being on the youth forum, I knew I had to jump on it. To be honest, I felt like I wasn't doing my best to get the most out of guiding and this being my last year I knew I wanted to do something that mark the year as my last year in Rangers. My job on the forum is to manage the social media of our Instagram we have. I make creative posts to show others what we get up to on the forum. One of my favourite parts of my job that of looking at the feed of the people that we interact with the forum. I also love seeing all the amazing work that other girls in Nova Scotia are doing and also other girls from around the world!"

Come back next month to learn more about some of the other members of the NS Youth Forum!

Follow us on Instagram (@nsyouthforum) to stay up to date on what we are up to! You will also be the first to know about opportunities for youth!

### So - what's next!!

#### The Secret 3K

We want to let you in on a secret. In 2015 for the first time ever, a marathon was held in Afghanistan, a marathon that both men and women were able to participate in but they had to keep it a secret. Why? There are still places in the world where women are not allowed to run or walk outside. However, a community in Afghanistan is courageously carving out a new way forward for the next generation. By creating safe races they are helping to create safe places and

we want to help. Join us for The Secret 3K run/walk. Held on the week of International Women's Day, this race celebrates our right to be free to run. We're inviting everyone to come together in solidarity supporting the right all humans should have to walk or run free of fear in their community.

By participating you are helping us to share the story through film and by making a donation you are helping to further the work of Girl Guides to build safe and inclusive spaces that promote gender equality. Together we can empower women and girls through education and sport.



Make a difference by signing up to participate in The Secret 3K and inviting a friend to join you today.

Girl Guides of Canada has been selected as the official charity partner for <u>The Secret 3K.</u> GGC will be the charity receiving donations raised through run participants. And just as cool, our members have the opportunity to volunteer for the run OR participate in the run in support of GGC.

Date: March 4, 2020 at 6:30pm More information can be found here.



### It's Basket Ball Time!



The Halifax Hurricanes Basketball Team will be recognizing the Girl Guides of Nova Scotia (Sparks, Brownies, Guides, Pathfinders and Rangers) during our NBL Canada game at Scotiabank Centre in Halifax on Thursday March 5, 2020 and we have a special offer for our units to take part in all of the festivities!



The Hurricanes will take on the Sudbury Five at 7:00 p.m. at Scotiabank Centre.

#### Special Ticket Package Pricing:

- · Girl Guide of Nova Scotia Package, 5 unit members and 2 leaders for \$65.00 (includes HST)
- · Additional youth tickets available for \$6.75 (includes HST)
- · Additional student tickets available for \$11.75 (includes HST)
- Additional adult tickets available for \$16.75 (includes HST)

#### Benefits include:

• Guaranteed seating together, group acknowledged on the Jumbotron and a free Hurricanes poster for every member of your group! Girl Guides attending the game will participate in various contest and promotions during the game to win some exciting prizes.

To secure your seats, contact the Hurricanes directly at 902.377.3052, or complete the form located at <a href="www.girlguides.ns.ca">www.girlguides.ns.ca</a> – under News & Articles and email a picture or scanned copy to <a href="mailto:info@halifaxhurricanes.ca">info@halifaxhurricanes.ca</a> by 3:00pm on Friday February 28, 2020. For more information, please contact <a href="mailto:info@halifaxhurricanes.ca">info@halifaxhurricanes.ca</a>

# Engineers Canada and GGC!



engineers Canada is GGC's national subject matter expert and has provincial bodies in Alberta, Ontario and Nova Scotia that are interested in connecting with units during Engineering Month in March.

This means that there may be engineers in your area who could visit interested units with the hopes of making engineering more accessible to girls. They're hoping to connect with units specifically in March to offer support and role models to girls who are interested in exploring engineering.

Using a combination of activities from the platform and some that were developed by Engineers Canada with kids in mind, they'd love to introduce Guiders and girls to the amazing world of engineering. If you would like to be connected to an engineer, please send a note to <a href="mailto:programs@girlquides.ca">programs@girlquides.ca</a> and a connection will be made with Engineers Canada.

#### Please provide the following information with your request:

Unit Name, Contact Guider Name and iMIS, Address, Date, Time and length of meeting and the # of Girls on average in attendance:

(Please note that due to timing, location and resources, there may not be availability for every unit that requests support, but they will try!)

We look forward to all the stories of inspiration girls explore new possibilities through Guiding!

# Looking Forward:

- o April 25<sup>th</sup>: Spring Connections for DC's, AC's, Provincial & Area Advisers, Treasurers and Youth Forum- location- Halifax.
- May 23<sup>rd</sup>: AGM- location Truro.
- o June 13th: Provincial Youth Recognition-Halifax

## Join the Team!

While we have had some great women step up to join the team, we are still looking to fill the following roles:

**Active Living -** promotes active living activities through N.S. Girl Guides programming for girls and guiders.

**PR-** promotes and supports activities relating to getting the good word of Guiding out to the public via various methods.

**Social Media Adviser** – connects and share information via Social Media venues provincially and nationally. Monitor provincial website, encourage Advisory Committee updates and advises office of updates and changes.

**Trainer Development Coordinator -** supports Guiders wishing to undertake the Trainer Stream Modules and complete the requirements to become a Trainer and supports Trainers in their continuing education.

Please keep in mind that there is also a huge need for women to fill some of the vacant or upcoming vacancies for District Commissioners or District Treasurers, Safe Guide Assessors, etc.

Please don't hesitate to email me at <a href="mailto:ns-pc@girlguides.ca">ns-pc@girlguides.ca</a> if you wish to speak to me about any of these opportunities. The Volunteer Application for Provincial level positions can be found at Forms.

Thank you for all you do, Lorena

Everything She Wants to Be

