

Everything she wants to be.



It's hard to believe that 2019 is soon coming to a close and we will welcome, not just a New Year but also, a new decade in just under 2 months!

November updates:

Not only did November see a time change but got us think about "Change" and our Provincial Guider Conference whose theme was: Catalyst for Change, said it all.

350 Guiders and Rangers came together to learn, grow and become Catalysts for Change! The venue, Aldershot, provided a more relaxed atmosphere that helped build team spirit and old fashion sisterhood! Nothing quite like being bunk mates to learn about yourself and others.

Check out some of the excitement and comments shared...

Had too much fun for pics but took this one! Great conference!



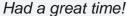


Such an awesome weekend only time for 1 pic, edible campfires!! Thank you, conference committee and volunteers, for a fantastic weekend!!



We all had a blast at the Axe Throwing session!







We completed our sisterhood Challenge in between sessions!



Learning lots for the next generation of (current and future) Girl Guides!



So much fun! This little song/skit made my whole weekend! This was amazing!



Had an awesome time hope we have it there again. The food was amazing.

Thank you to all who were able to join in the fun. This event happens every 2 years, so 2021 will be the next one!



The Annual Trefoil Gathering took place at the Guide office. Over 40 "Sisters" shared in the fellowship of Guiding. Good food, fun activities and great friendships meant that another successful weekend was had by all.

Last call !! NS Clothing- order deadline for Christmas Delivery!

A piece of NS Clothing would make a great Christmas present for some one special-check out the available items at: NS Clothing. To ensure the items are here in time to ship by Dec 13th, all orders must be received and paid for by 4pm Nov 15th.

GuidePost

On Nov 7th, you would have received Guide Post- there's lots of information in this communication from National- please take note of the Remembrance Day Instant Meetings, National Service Project and Sisterhood Challenge. Information on the merchandise as well as holiday store closure, opportunities to join national teams, the new e-Module to support girls' mental health and Behind the Blue are also featured.

Featuring: Provincial Council Member: Kelsey Maber

Kelsey joined Provincial Council in May of this year as the Girl Engagement Representative and works with the Camping, International and Programming Teams to ensure quality activities and events for all levels of guiding in NS are offered. Through her role in Guiding, Kelsey is also working with the National Program Committee to review the Girls 1st Program, our NS Challenges and other opportunities to bring richer experiences to our members.



Kelsey's Guiding adventures didn't start here though, she started as a Guide in New Brunswick and enjoyed Pathfinders and Rangers earning her Canada Cord, all 3 levels of the Chief Commissioners Award, the Commonwealth Award and several adult recognition awards before relocating to Nova Scotia. Kelsey has worked with Sparks and Brownies, but her love is Pathfinders which she is currently a Unit leader in Halifax. Her love of the outdoors and new experiences have provided new opportunities for her Pathfinders, they have attended Quest, learned new skills and dove deep into the Girls 1st Program.

Kelsey has been involved in many community focused venues. While completing her bachelor's degrees, Kelsey spent her summers working at a residential summer camp, working with a youth program aimed at fostering leadership skills, and even had the opportunity to volunteer for one summer at Our Chalet!

Prior to moving to Nova Scotia, Kelsey worked as an adult protection and long-term care Social Worker with the Government of New Brunswick. Kelsey recently graduated from Dalhousie with her Master's in Social Work and is now working for the Government of Nova Scotia as a Social Worker in the field of child welfare.

We are excited to have Kelsey bring her voice and experience to the NS Provincial Council.



Around the Province

Coastal District Service Project: Members gathered mittens hats socks and gloves and placed them in town for the needy.



Have fun and exciting pictures to share – send them to our provincial FaceBook Page: Girl Guides of Canada - Nova Scotia Council.

Remember to make sure all girls have approved Image Releases, so we can post.

So - what's next!!



<u>Pathfinder/Ranger Arts Day Nov 30th</u>, A Trip Around the World! The Provincial Arts Team along with International Program will be hosting a fun filled day for our Pathfinders and Rangers, introducing them to various arts from around the world. Watch for more information on girl registration coming out soon.

Winter Kwahee- Volunteers needed!

Kwahee is a wonderful opportunity not only for the girls but also for adults as well. Why not consider joining the team to provide an amazing camping experience for our Guides in Nova Scotia.

Where/When:

- > Camp 1: February 7-9, 2020 Camp Kanada Musquodoboit, NS
- Camp 2: February 14-16, 2020- Anne Fraser House Upper Sackville, NS.

More information is available at -> Kwah-ee.



Myth Busters

Have you ever wondered....

Myth....I don't need to have Image releases (IR.1) for all my girls when I post photos on my private Facebook page.

BUSTED Although you control what is being posted on that page, you cannot control people from taking screenshots of a Facebook post and sharing that information. You should not post any photo on social media unless all the people in the photo have Image releases.



Myth...Girl Guides has launched a new uniform navy t-shirt. Old / previous uniform pieces can no longer be worn as uniform.

BUSTED Members can wear the new t-shirt/tunic or any piece uniform pieces. Ties, sashes and scarves are optional, not mandatory.

Provincial Commissioner Nomination



It's hard to believe but next June I will be stepping down as your Provincial Commissioner and you will have a new PC to lead the province.

Over the next few months there will be lots of buzz around this position.

This role has provided me with challenges and personal growth opportunities, and I encourage anyone who is looking to work with great people at the Area, Provincial and National levels on strategic initiatives combined with fun events to consider this. Yes – it can be a lot of work at times, but it is also fun and very rewarding and there is support and mentoring along the way from both the provincial and national team. It's a once in a life time opportunity, so please consider this if interested.





Join the Team!

While we have had some great women step up to join the team, we are still looking to fill the following roles:

Active Living - promotes active living activities through N.S. Girl Guides programming for girls and guiders.

PR- promotes and supports activities relating to getting the good word of Guiding out to the public via various methods.

Social Media Adviser – connects and share information via Social Media venues provincially and nationally. Monitor provincial website, encourage Advisory Committee updates and advises office of updates and changes.

Trainer Development Coordinator - supports Guiders wishing to undertake the Trainer Stream Modules and complete the requirements to become a Trainer and supports Trainers in their continuing education.

Please keep in mind that there is also a huge need for women to fill some of the vacant or upcoming vacancies for District Commissioners or District Treasurers, Safe Guide Assessors, Provincial Finance Committee Members, etc.

Please don't hesitate to email me at ns-pc@girlguides.ca if you wish to speak to me about any of these opportunities.

The Volunteer Application for Provincial level positions can be found at Forms.

Thank You for all you do, *Lorena* Provincial Commissioner



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